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| **UČNI NAČRT PREDMETA / COURSE SYLLABUS** | | | | | | | | | | | | | | | | | |
| **Predmet:** | | | Modul C: Biomehanika | | | | | | | | | | | | | | |
| **Course title:** | | | Module C: Biomechanics | | | | | | | | | | | | | | |
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| **Študijski program in stopnja**  **Study programme and level** | | | | | **Študijska smer**  **Study field** | | | | | | | | **Letnik**  **Academic year** | | **Semester**  **Semester** | | |
| Podiplomski magistrski študijski program druge stopnje Elektrotehnika | | | | | Vse smeri | | | | | | | | 1 | | 2 | | |
| 2nd cycle masters study programme in Electrical Engineering | | | | | All study fields | | | | | | | | 1 | | 2 | | |
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| **Vrsta predmeta / Course type** | | | | | | | | | | | | Izbirni-strokovni /elective professional | | | | | |
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| **Univerzitetna koda predmeta / University course code:** | | | | | | | | | | | | 64263 | | | | | |
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| **Predavanja**  **Lectures** | **Seminar**  **Seminar** | | | **Vaje**  **Tutorial** | | | **Klinične vaje**  **work** | | | | **Druge oblike študija** | | | **Samost. delo**  **Individ. work** | |  | **ECTS** |
| 45 |  | | | 30 | | |  | | | |  | | | 75 | |  | 6 |
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| **Nosilec predmeta / Lecturer:** | | | | | Roman Kamnik | | | | | | | | | | | | |
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| **Jeziki /**  **Languages:** | | **Predavanja / Lectures:** | | | | angleški / English | | | | | | | | | | | |
| **Vaje / Tutorial:** | | | | angleški / English | | | | | | | | | | | |
| **Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:** | | | | | | | | |  | **Prerequisits:** | | | | | | | |
| Vpis v letnik predmeta. | | | | | | | | |  | Enrolment in the year of the course | | | | | | | |
| **Vsebina:** | | | | | | | |  | | **Content (Syllabus outline):** | | | | | | | |
| Uvod v biomehaniko (razvoj skozi zgodovino, aktualna področja, znanstveni pristop k biomehanskim študijam) in osnovni pojmi; Mišično-skeletni gibalni sistem pri človeku (model mišice kot aktuatorja, mehanika sklepov); Obravnava togih in deformabilnih teles v mirovanju (osnove statične analize, težišče, ravnotežje, notranje obremenitve, deformacije); Obravnava biomehanskega sistema človeka v gibanju (opis kinematičnih in kinetičnih parametrov, mehanika sklepov, merjenje gibanja in določitev obremenitev v sklepih, energijske razmere, ocenjevanje funkcionalnih sposobnosti, zakonitosti gibanja pri dinamičnih manevrih hoje, teka, vstajanja in veslanja ); *Gibalna vadba z inteligentnimi napravami s sprotno biomehansko analizo in posredovanjem povratne informacije.* | | | | | | | |  | | Introduction to Biomechanics (development of biomechanics trough history, areas of biomechanics, approach to the research) and fundamental terminology; Musculoskeletal motion system in human (human muscle as actuator, joint mechanics); Analysis of rigid and deformable bodies in static conditions (static analysis, center of mass, analysis of elastic materials, deformations, strength of materials); Analysis of human motion (kinematic and kinetic parameters, joint mechanics, motion assessment, joint loadings assessment, energy conditions, assessment of functional capabilities, motion laws in dynamic manoeuvres of walking, running, standing-up and rowing); Motion exercise by intelligent devices incorporating on-line biomechanical analysis and presentation of feedback information. | | | | | | | |

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| **Temeljni literatura in viri / Readings:** | | | | | |
| 1. J. D. Humphrey, S.L. Delange, An Introduction to Biomechanics, Solids and Fluids, Analysis and Design, Springer Verlag, New York, 2004. 2. Y.C. Fung, Biomechanics, Mechanical Properties of Living Tissues, Springer Verlag, New York, 2004. 3. D. A. Winter, Biomechanics and Motor Control of Human Movement, John Wiley & Sons, New Jersey, 2009. 4. D. Knudson, Fundamentals of Biomechanics, Springer, New York, 2007. 5. M. Nordin, V. H. Frankel, Basic Biomechanics of the Musculoskeletal System, Wolters Kluwer Health, 2012. 6. P. McGinnis, Biomechanics of Sport and Exercise, Human kinetics, Auckland, 2004. | | | | | |
| **Cilji in kompetence:** | |  | | **Objectives and competences:** | |
| Cilj predmeta Biomehanika je študentu podati znanje tehniške mehanike, ki je uporabno pri študiju gibanja živih sistemov. Predmet vključuje področja, ki obravnavajo gibanje in mirovanje togih in deformabilnih teles. Študent spozna principe uporabe Newtonove mehanike in senzornih sistemov pri analizi gibanja človeka. Predmet daje teoretične osnove za interdisciplinarno delo na področju ocenjevanja ter rehabilitacijske ali športne vadbe gibalnega sistema človeka. Hkrati je z vidikov prenosa rešitev narave v tehniko pridobljeno znanje podlaga za razvoj robotskih sitemov, umetnih organov, biomaterialov, rehabilitacijskih pripomočkov, simulacijskih modelov in inteligentnih naprav za vadbo v rehabilitaciji in športu. | |  | | The objective of the course on Biomechanics is to familiarize students with fundamental laws of mechanics and to present how these can be applied to understanding and analyzing of the living systems. The foundations of biomechanics that are developed in this course include the mechanics of materials and structures of rigid and deformable bodies. The course gives the basic knowledge for interdisciplinary work in the fields of human motion assessment and exercise in rehabilitation and sport. From the perspectives of solutions transfer from nature the knowledge is fundamental in development of robotic systems, artificial organs, biomaterials, rehabilitation  products, simulation models, and intelligent devices for exercise in rehabilitation and sport. | |
| **Predvideni študijski rezultati:** | | |  | **Intended learning outcomes:** | |
| Znanje in razumevanje:  Razumevanje mehanizmov gibanja materialnih teles in znanje kako to uporabiti pri analizi gibanja človeka in učinkov na njegovo telo.  Razumevanje mehanizmov večnožne lokomocije in vzdrževanja ravnotežja.  Praktično poznavanje senzornih sistemov za merjenje parametrov gibanja in obremenitev človeškega telesa, ki so uporabna v kliničnem ali športnem okolju.    *Poznavanje sodobnih sistemov vadbe v rehabilitaciji in športu z vodenim uporom ter sprotno biomehansko analizo in posredovanjem povratne informacije.* | | |  | Knowledge and understanding:  Understanding of motion mechanisms and knowledge how these can be applied to analyze the causes of human movements and their effects on the body.  Understanding of multilegged locomotion and stability maintenance.  Practical knowledge on sensory systems for measuring the motion and loading parameters in human usable in clinical or sport environments.  Practical knowledge on advanced exercise rehabilitation or sport devices which incorporate the controlled loading and on-line biomechanical analysis and presentation of feedback information. | |
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| **Metode poučevanja in učenja:** | | |  | **Learning and teaching methods:** | |
| Na predavanjih so predstavljene teoretične osnove obravnavanih poglavij skupaj s prikazom rešitev enostavnih praktičnih primerov. Študentom je na voljo študijski material s podrobno vsebino. Praktično delo poteka v okviru laboratorijskih vaj. Te so zasnovane projektno v več delih, v katerih se študentje postopoma seznanjajo s problemom in instrumentacijo. Projektno skupino sestavljata dva ali trije študentje, ki opravijo biomehansko analizo gibalnega manevra pri športni vadbi, npr. skoka, kolesarjenja, veslanja ali teka. Ob koncu semestra študentje poročajo o končnih rezultatih s primerjavo izsledkov iz literature. | | |  | The lectures provide a theoretical background on particular subjects together with presentation of simple practical examples. A complete study material is available to the students.  Practical work is being performed in the laboratory environment, and is accomplished in steps acquainting students with the problem and instrumentation. Project group is consisted of two or three students who accomplish the biomechanical analysis of motion maneuver, e.g. jumping, cycling, rowing or running. At the end of semester, students report on their results together with comparison to the results from the literature. | |
| **Načini ocenjevanja:** | Delež (v %) /  Weight (in %) | | | | **Assessment:** |
| Način: laboratorijske vaje, pisni izpit, ustni izpit.  Ocene od 1 do vključno 5 so negativne, ocene od vključno 6 do 10 so pozitivne.  Pozitivna ocena laboratorijskih vaj je pogoj za pristop k izpitu.  Prispevki k oceni:  laboratorijske vaje  pisni izpit  ustni izpit | 40%  35%  25% | | | | Type: laboratory exercises, written exam, oral exam.  Negative grades: from 1 to 5, positive grades: from 6 to 10.  Positive evaluation of laboratory exercises is a prerequisite for the exam.  Contributions to final grade:  laboratory exercises  written exam  oral examination |
| **Reference nosilca / Lecturer's references:** | | | | | |
| 1. AMBROŽIČ, Luka, GORŠIČ, Maja, GEEROMS, Joost, FLYNN, Louis, LOVA, Molino, KAMNIK, Roman, MUNIH, Marko, VITIELLO, Nicola. Cyberlegs : a user-oriented robotic transfemoral prosthesis with whole-body awareness control. *IEEE robotics & automation magazine*, Dec. 2014, vol. 21, no. 4, str. 82-93. 2. ŠLAJPAH, Sebastjan, KAMNIK, Roman, MUNIH, Marko. Kinematics based sensory fusion for wearable motion assessment in human walking. Computer Methods and Programs in Biomedicine, Sep. 2014, vol. 116, no. 2, str. 131-144. 3. GORŠIČ, Maja, KAMNIK, Roman, AMBROŽIČ, Luka, VITIELLO, Nicola, LEFEBER, Dirk, PASQUINI, Guido, MUNIH, Marko. Online Phase Detection Using Wearable Sensors for Walking with a Robotic Prosthesis, Sensors. 2014, vol. 14, pp. 2776-2794. 4. AMBROŽ, Miha, PREBIL, Ivan, KAMNIK, Roman, MUNIH, Marko. System for interactive scientific driving simulation with haptic information. Advances in engineering software, Mar. 2012, vol. 45, iss. 1, str. 239-251. 5. ČERNE, Tomaž, KAMNIK, Roman, MUNIH, Marko. The measurement setup for real-time biomechanical analysis of rowing on an ergometer. Measurement, Dec. 2011, vol. 44, no. 10, str. 1819-1827. | | | | | |